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Official News Letter of Society of Periodontists and Implantologists of Kerala



PREZ' Message



As we bring this year to a close, it gives me great pleasure to reflect on the vibrant and productive journey we have had together as a society. The SPIK Newsletter stands as a testament to the collective spirit and active engagement of our members, capturing the many milestones, initiatives, and events that defined this year.

A special note of appreciation goes to the Editorial Team, ably led by our Editor Dr. Shahana C. Mohamed, and Assistant Editors - Dr Lekshmi A J and Dr Deepthi V, for their tireless efforts in compiling and curating the content for this newsletter. Delivering consistent, timely, and high-quality content is no easy feat, and their achievement deserves the highest praise.

It would be remiss of me not to acknowledge the invaluable efforts of our Secretary, Dr. Mohammed Feroz, whose diligence, and efficiency played a key role in streamlining our GST processes and registration. His contribution has brought great clarity and organization to our operations.

Lastly, I wish to thank everyone who stood by me throughout this journey. Your support and collaboration have made this a fulfilling and successful year.

Wishing you all continued success and a bright year ahead.

Warm regards,

Dr. Mathew Thomas
President, SPIK



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PERIODONTISTS AND
IMPLANTOLOGISTS
OF KERALA

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From The Secretary's Desk

I would like to take this opportunity to congratulate to Dr. Shahana C Mohamed, Editor for her keen interest in bringing this issue of Perio-implant scan which gives an insight of all the activities of SPIK. Also, I would like extend my sincere gratitude to all members who have supported in all the activities of SPIK.

We are gearing up for the 17th SPIK Annual Conference at KMCT Dental College on April 26 and 27, 2025.

Looking forward for a great event.

Dr. Mohammed Feroz T.P

Secretary, SPIK

The Editor Speaks



Warm greetings from the editorial desk!

We are now gearing up for our much-awaited annual conference in Calicut, and it is with great pleasure that I take this opportunity—during the concluding days of my editorial tenure—to bring out this issue of ‘Perio Implant Scan’ - our society’s official newsletter. This publication has long served as a valuable channel for sharing updates, insights, and the vibrant activities that define SPIK.

I take this moment to wholeheartedly congratulate our energetic President, Dr Mathew Thomas our dedicated Secretary, Dr. Mohammed Feroz T P, and the entire team of office bearers of SPIK 2024–25. Their tireless efforts have made this year one filled with scientific excellence, academic enthusiasm, and meaningful outreach. I also extend my heartfelt thanks to all SPIK members for your constant encouragement, cooperation, and support throughout my term.

As I step down from the editorial desk, I do so with immense gratitude and pride for having had the privilege to serve in this role. Thank you for the trust, the engagement, and the opportunity to contribute to our society’s shared mission.

Dr Shahana C Mohamed
Editor

SPIK ANNUAL CONFERENCE 2024



The 16th Annual Conference of SPIK was organized as two days National Implant Convention “All about implants” in association with Cochin Periodontists Society (COPS) and Indian Dental Association Kerala State branch, on 10th & 11th February 2024 at Hotel Renai Kochi, Ernakulam.

The programme started on 10th February 2024 with inaugural function at 10 am with collaring of the President by the Secretary followed by invocation. Dr. Arun Sadasivan, Organizing Chairman welcomed the gathering. Dr. Jose Paul, President SPIK presided over the function, Dr. Terry Thomas Edathotty, President IDA Kerala State inaugurated the programme. Dr. Mohammed Feroz T.P, Secretary SPIK presented the Secretary’s report, Dr. Bindu Rachel, President COPS



Report

and Dr. Mathew Thomas, President Elect SPIK felicitated during the function. Dr. Presanthila Janam, Immediate Past President SPIK, Dr. Deepak Thomas, Secretary COPS, Dr. Siddharth, CDE Chairman IDA Kerala State, and Dr. Jayan Jacob Mathew graced the occasion. Dr. Rishi Emmatty, Organizing Scientific Chairman delivered the vote of thanks.

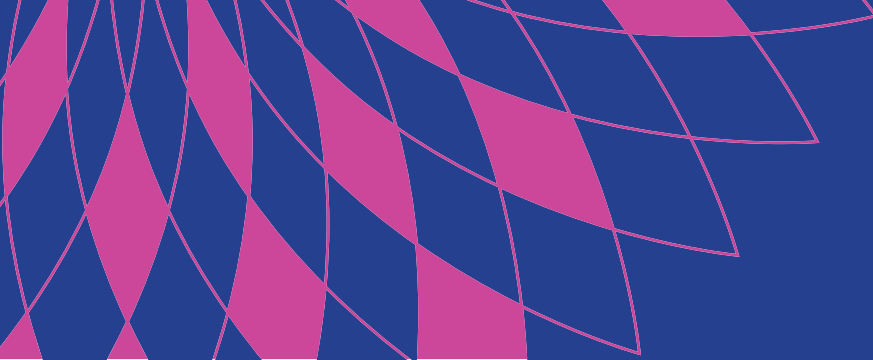
We received registration from life members of SPIK, COPS, IDA and Post graduate students from various institutions all over Kerala. A total of 390 delegates participated in the programme. Paper presentations for the



Post graduate students for the PGS were conducted online one week before the conference.

Scientific session included lectures and hands-on training and were as the following:

Dr. BRR Varma Oration: Implantology – An integrated speciality	Dr. Abhay Kolte
Fundamentals of Implant treatment planning	Dr. Vinod Krishnan
Excellence in Anterior esthetics	Dr. Abhay Lamba
Implant Site development	Dr. Lalith V Anand
Implant Impression – Trial - Fit in lecture with workshop	Dr. Allen EH & Dr. Sreenath IR
The science of osseo integration & when to load implants	Dr. Sunitha Raja



Digitalisation in Implant dentistry	Dr. George Abraham
Intra oral scanner workshop	Dr. Lalith V Anand
Guided implant surgery	Dr. Dhruv Arora
Immediate implant procedure – Challenges & Solutions	Dr. Sunitha Raja
Implant Failure – Means and ways to avoid & manage	Dr. Prasanth Pillai & Dr. Bobby Antony
Cortico – Basal implants (Lecture with hands-on)	Dr. Jaibin George
Immediate loading single implant to Full mouth rehabilitation	Dr. Prisly Thomas
Remote anchorages & Sinus bypass for predictable implants	Dr. Linna Benny
Prosthetic options in Implant Prosthodontics (Impression to fit in lab techniques)	

The third (December) issue of Journal of Society of Periodontists and Implantologists of Kerala (JSPIK) 2023 was released by Dr. Terry Thomas Edathotty and newsletter of SPIK - Perio Implant Scan was released by Dr. Bindu Rachel during the conference.

Executive committee meeting and annual general body meeting of SPIK was conducted after the scientific programme. New office bearers were installed under the able leadership of Dr. Mathew Thomas as the President. Meeting was adjourned at 8pm on 11th February 2024.



Collaring of new President Dr Mathew Thomas by Secretary Dr Mohammed Feroz



Office Bearers 2024-25

NATIONAL PERIODONTIST DAY 2024

National Periodontist Day (Decoding Perio) was organized and conducted by the Department of Periodontics, Mahe Institute of Dental Sciences and Hospital under the banner of Indian Society of Periodontics (ISP) and Society of Periodontists and Implantologists of Kerala on February 23,2024 with the theme “Say No to Bleeding gums”. Series of programs were organized in the department from February 18 to 22,2024.

Reels competition and Adzap competition was organized for the undergraduates and interns on topics related to dentistry. There were around ten participants for the same.



Doodling was organized for the undergraduates and interns. It was a highly competitive one with active participation from all the batches.

Dr Nanditha Chandran, Dr DM Hemalatha and Dr Jilu Jessy Abraham, Readers of Department of Periodontics were the program coordinators. Patient education and a lecture on Oral hygiene and public interaction at Walk

Way, Mahe was organized by the post graduate students on February 22,2024. Dental education kit consisting of tooth brushes and paste were distributed to the participants. On February 23,2024,an official inauguration of the program was done by Dr Anil Melath, Principal,Professor and Head of Department followed by honouring of Dr BV Somayaji, Senior most Periodontist, Prof and Head, AB Shetty Memorial Institute of Dental Sciences, Mangalore.



SPIK ESSAY COMPETITION 2024

Society of Periodontologists & Implantologists of Kerala organized an essay competition for life members and post graduate students in the month of August 2024. There was active participation from life member and post graduate students from different colleges in Kerala.

The evaluation was done by – Dr Jayan Jacob Mathew, Professor, Mar Baselios Dental College, Kothamangalam; Dr Sapna Balakrishnan, Associate Professor, Government Dental College, Kannur and Dr Binitta Paul K, Assistant Professor, Government Dental college, Alapuzha.

WINNERS OF SPIK ESSAY COMPETITION 2024		
LIFE MEMBER CATEGORY	Dr Subair, Professor, Mahe Institute of Dental Sciences	
POST GRADUATE STUDENT CATEGORY	1st prize	Dr Anand Suresh, PSM Dental College,Thrissur
	2nd prize	Dr Anju Paul, Azeezia Dental College, Kollam
	3rd prize	Dr Lekshmi C, Educare Institute of Dental Sciences, Malappuram Dr S Shanmughapriya, Government Dental College, Kozhikode

SPIK CDE PROGRAM

A CDE program was organized at Kannur Dental College, Anjarakandy in association with SPIK on 28th May 2024. The program started with inaugural function at 09.30 am followed by invocation. Dr. Mohammed Feroz T.P, Secretary SPIK welcomed the gathering. Dr. Arun Narayanan, Principal, Kannur Dental College, inaugurated the program by lighting the lamp. Dr. Deepthi V, Reader, Dept. of Periodontology delivered the vote of thanks.

The resource person for the CDE was Dr. Arun Sadasivan, Professor and Head of Periodontology, Sree Mookambika Institute of Dental Sciences, Kulasekaram. Lectures were delivered on the topics – ‘Bio- Clinical factors in Periodontal regeneration- Current Perspectives’ and ‘Periodontal



considerations in Orthodontic therapy- An overview. A total of 70 registrations were received from the SPIK members, Post graduate students from KMCT Dental College, Calicut; Govt. Dental College, Calicut and Malabar Dental College, Edappal.

ORAL HYGIENE DAY 2024

On the occasion of Oral Hygiene Day, Department of Periodontics, Mahe Institute of Dental Sciences, successfully organized one week program, under the banner of SPIK. An awareness camp was held at Kannur Central Jail in association with Department of Public Health Dentistry. Dr. Subair, Professor, Department of Periodontics, post graduate students Dr. Indrajith and Dr. Marjana delivered an awareness lecture at the camp. Awareness talk on “Oral Hygiene” was given by Dr. Nanditha to the third year students in the department. The students also participated in ISP Quiz competition. An awareness

class was conducted for fourth year students by post graduate students. Poster competition was conducted for interns and certificates were awarded to the winners. Awareness related pamphlets, toothbrushes and toothpastes were distributed to the patients attending the OPD of Department of Periodontics.



SPIK MID-TERM CONFERENCE 2024

The SPIK mid-term conference was conducted as a one day CDE program on November 30th 2024 at Educare Institute of Dental Sciences, Malappuram. The program started with inaugural function at 09.30 am followed by invocation. Dr. Mohammed Feroz T.P, Secretary SPIK welcomed the gathering. The chief guest was Mr Nasar Kiliyamannil, MD of Educare Institute of Dental Sciences.

Dental College, Kozhikode – who delivered lecture on “Periodontal Plastic Surgery @ 2024 - A Synopsis”; Dr Harish Kumar V.V, Professor & Head, KMCT Dental College, Kozhikode, who delivered lecture on “Trends in Periodontal Regeneration” and Dr Jayan Jacob Mathew, Professor, Mar Baselios Dental College, Kothamangalam, who delivered lecture on “Update on PRF in Periodontics & Implantology”. A total of 85 delegates attended the program.

The speakers for the CDE were : Dr Harikumar Kanakkath, Professor & Head, Government



11th SPIK PERIODONTOLOGY SCHOLARSHIP EXAMINATION 2024

The Society of Periodontists and Implantologists of Kerala in association with Royal Dental College, Chalissery, Palakkad, organized and conducted the 11th SPIK Periodontology Scholarship Examination on November 28, 2024. Dr Deepak Thomas, Scientific Program Convener- SPIK, Dr. Biniraj KR, Professor and Head, Department of Periodontics, Royal Dental College - Exam Convener SPIK along with Dr Mathew Thomas- President SPIK, Dr Mohammed Feroz T P- Secretary SPIK, worked towards the success of the program. They were assisted by faculty members of Department of Periodontics, Royal Dental College- Dr. Rishi Emmatty, Dr. Mary Joseph and Dr. Initial V Same. Subject toppers from twenty-three dental colleges out of twenty-five colleges registered for the exam. The inaugural function commenced at 9:30 am with Sri. Kallayil Saidu Haji, Chairman



of Royal Education foundation, inaugurating the event along with Guest of honor - Dr. Mathew Thomas, President SPIK in the presence of Dr. Shaju George, Vice Principal. The esteemed panel of examiners included Dr. Tony P Paul, Dr. Harishkumar V V, Dr. Jithu John and Dr. Deepak Thomas.



Examination was conducted in five categories, ie; spotters, multiple choice questions, case diagnosis and treatment planning, essay writing and viva for all students by external examiners. Dr Kalyani B of Amrita School of Dentistry, Kochi secured the first place; Dr Irfana Shirin of Government Dental College, Kannur won the second place and Dr Binsa K.B of PSM Dental College, Thrissur won the third place. Program concluded at 2.00pm. The results were announced and all the participants were given certificate of participation during the valedictory function.





SOCIETY OF PERIODONTISTS & IMPLANTOLOGISTS OF KERALA

17th SPIK ANNUAL CONFERENCE

SPIKCON 2025

REGENERATE HARMONIOUSLY

26th & 27th APRIL 2025

venue **KMCT DENTAL COLLEGE**

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JOURNAL OF SOCIETY OF PERIODONTISTS AND IMPLANTOLOGISTS OF KERALA (JSPIK)REPORT 2024-25

The first (March) issue of Journal of Society of Periodontists and Implantologists of Kerala (JSPIK) 2024 was published in May 2024.

The second (July) issue of Journal of Society of Periodontists and Implantologists of Kerala (JSPIK) 2024 was released during mid-term CDE program of SPIK by Dr. Mathew Thomas -President SPIK, on 30th November 2024 at Educare Institute of Dental Sciences, Malappuram.

The third (December) issue of JSPIK 2024 will be released during the 17th Annual Conference of SPIK to be held at Kozhikode on April 26,2025.

My sincere and special thanks to the reviewers of JSPIK 2024-25: Dr Harikumar Menon K, Dr Jayan Jacob Mathew, Dr Devisree R V, Dr Suchitra A, Dr Rekha P R, Dr Deepa Dilip, and Dr Manju Babu who supported me to release three issues on time.

I extend my sincere gratitude to the assistant editors - Dr



Lekshmi A J and Dr Deepthi V, for their unwavering support and efficiency in ensuring the timely release of all issues.

I also thank Mr Sudheer for his tremendous support for designing and printing the journal at its best design and standards.

Prepared by **Dr Shahana C Mohamed**
Editor JSPIK

PROGRAM SCHEDULE

26th
April
2025
SATURDAY



8.00AM-8.30 AM
8.30AM- 9.30AM
9.30AM- 10AM

REGISTRATION
PAPER/POSTER PRESENTATIONS
INAUGURATION

10.00AM - 10.45AM

BRR VARMA ORATION-
"THE CHANGING FACETS OF PERIODONTAL AND IMPLANT MANAGEMENT"



Dr. ARUNMOZHI
Principal & Head, Dept of Periodontics
Sri Venkateswara Dental College, Chennai

10.45AM-11.00AM - TEA BREAK

11.00AM - 11.30AM

"PERIODONTAL MICROSURGERY"



Dr. K.V. ARUN
Professor & Head
Dept of Periodontics
Amrita School of Dentistry , Kochi

11.40AM - 12.10PM

"SUCCESSFULLY MANAGING ADVANCED (STAGE IV) PERIODONTITIS:PRACTICE GUIDELINES"



Dr. BAIJU R. M.
Professor of Periodontics
Govt Dental College , Kottayam

12.20PM-12.50PM

"ADVANCES IN LASER"



Dr. B. S. JAGADISH PAI
Professor & Head, Dept of Periodontics
Oxford Dental College, Bengaluru

1.00PM- 1.30PM - LUNCH BREAK

1.30PM-4.00PM

PAPER/POSTER PRESENTATION

4.00PM - TEA

6.00PM-10.00PM

BANQUET

27th APRIL 2025 ADVISORY PROGRAM SCHEDULE



8.30AM-9.30AM

PAPER/POSTER PRESENTATIONS

9.30AM - 10.00AM

"PERIODONTAL REGENERATIVE BIOMATERIALS-CURRENT PERSPECTIVE"



Dr. DEVISREE R.V.
Professor & HOD
Department Of Periodontics
Azeesia Dental College,Koilkam

10.10AM - 10.40AM

"GETTING STARTED WITH ARTIFICIAL INTELLIGENCE IN DENTISTRY:TOOLS AND UTILITIES"



Dr. PADMA B. PRABHU
Additional Professor, Ophthalmology
Govt Medical College, Kozhikode

10.40AM-10.50AM - TEA BREAK

10.50AM - 11.20AM

"OCCLUSION AND ITS ROLE IN PERIODONTAL MANAGEMENT"



Dr. G. KAARTHIKEYAN
Professor & HOD (Academics)
Dept of Periodontics
Sreevetha Dental College ,Chennai

11.30AM - 12.30PM

PANEL DISCUSSION

"PERIODONTAL HEALTH ACROSS SPECIALTIES: A COLLABORATIVE APPROACH TO COMPREHENSIVE CARE"

PANELIST



Dr. PRAMOD KUMAR A.V.
Professor & HOD, Dept of Prosthodontics
Govt. Dental College, Kozhikode



Dr. PRAVEEN S.
Professor & Head, Dept of Orthodontics
Govt Dental College,Kozhikode



Dr. K.C. PONNAPPA
Principal, Professor and Head, Dept of Conservative Dentistry and Endodontics
George Institute of Dental Sciences, Viragpet



Dr. VIVEK NARAYAN
Associate Professor
Dept of Public Health Dentistry
Govt Dental College, Kottayam



Dr. ANIL MELATH
Principal Professor & Head, Dept of Periodontics
Maha Institute of Dental Science and Hospital, Malhe

12.30PM - 1.30PM

PAPER/POSTER PRESENTATION

1.30PM - 2.00PM - LUNCH BREAK

2.00PM - 3.00PM

PAPER/POSTER PRESENTATION

2.00PM - 3.00PM AGM

3.00PM - 3.30PM

LASER HANDS - ON



Dr. DEEPTHI CHERIAN
Associate Professor, Dept of Periodontics
Sree Anjaneya Institute of Dental Sciences,
Kozhikode

3.15PM - 3.30PM

VALEDICTORY FUNCTION

3.30PM - TEA

Book your slots immediately for Free laser hands- on (15 participants only)