



# Perio Implant Scan

www.spik.in

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Official News Letter of Society of Periodontists and Implantologists of Kerala





# PREZ' Message



Perio Implant Scan showcases SPIK activities to our members and the public. With a great team and a dynamic secretary, we could do lots of activities across the state. I sincerely feel that the involvement of life members in our activities need to increase. I am pretty sure that the new team under Dr Mathew Thomas will take our organization to greater heights. I acknowledge the efforts of our Editor Dr Shahana in bringing out all our society's publications on time and take this opportunity to wish the incoming team the very best.

**Dr. Jose Paul**  
President, SPIK



SOCIETY OF  
PERIODONTISTS AND  
IMPLANTOLOGISTS  
OF KERALA

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**Dr Jose Paul**

*Secretary*

**Dr Mohammed Feroz T P**

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**Dr Plato Palathingal**

*Treasurer*

**Dr Jithin Balan**

*Editor*

**Dr Shahana C Mohamed**

*Scientific Programme*

*Convenor*

**Dr Deepak Thomas**

*Periodontal Health Convenor*

**Dr Manikandan G R**

*Website Convenor*

**Dr Subair. K**

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**Dr Baiju R M**

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**Dr Kunjamma Sebastian**



## From The Secretary's Desk

Welcome you all to the next issue of our Perio-implant scan!

I would like to take this opportunity to congratulate Dr. Shahana C Mohamed, Editor for her keen interest in bringing this issue of Perio-implant scan which gives an insight into the activities of SPIK.

We are gearing up for the 16th SPIK Annual Conference, the first ever two days National Convention on "All About Implants", in association with Cochin Periodontists Society (COPS) and Indian Dental Association (IDA) Kerala State Branch.

Looking forward for a great event

**Dr Mohammed Feroz T P**  
Secretary, SPIK

## The Editor Speaks



As we prepare for our 'one of a kind' annual conference in Kochi, I am delighted to take this opportunity to publish the SPIK newsletter, Perio Implant Scan. Perio Implant Scan has always contributed to informing members about SPIK's activities.

As another year of SPIK draws to a close, I congratulate our enthusiastic President Dr. Jose Paul and energetic Secretary Dr. Mohammed Feroz TP and other office bearers of SPIK 2023-24, who worked tirelessly to deliver an eventful year of learning and awareness activities. I would also like to thank all SPIK members for their unwavering support and cooperation.

**Dr Shahana C Mohamed**  
Editor

*Heartfelt Condolences to an exemplary teacher,  
master Periodontist, and a great human being*



**Dr. B.R.R. Varma**

# SPIK ANNUAL CONFERENCE 2023



The annual conference of SPIK 2023 held on 29th & 30th April 2023 at Magnet Hotel, Kannur was hosted by Department of Periodontology, Kannur Dental College, Anjarakandy, Kannur. The program started on 29th April 2023 with inaugural function at 10 am with collaring of the President by the Secretary followed by invocation.

Dr. C.K Ashokan, Past President SPIK welcomed the gathering. Dr. Presanthila Janam, President SPIK presided over the function, Dr. A Devadathan, Faculty Dean, KUHS inaugurated the program. Dr. Mohammed Feroz T. P, Secretary SPIK presented the secretary's report, Dr. Arun Narayanan, Organizing Chairman & Principal of Kannur Dental College and Dr. Jose Paul, President Elect SPIK



felicitated during the function. Dr. Deepthi V, Organizing Scientific Chairman delivered the vote of thanks.

We received registration from institutions all over Kerala. A total of 100 delegates participated in the program. Scientific session on first day included presentations from Dr. Rashmi Hegde, Professor in Periodontology, M.A Rangoonala College of Dental Science & Research, Pune on the topic "Periodontal Microsurgery", Dr. Biniraj K.R, Professor & Head of Periodontology, Royal Dental College, Palakkad, on the topic "Perio Esthetics- Periodontist: The True Designer", Dr V.C. Santhosh, Professor of



Periodontology, KMCT Dental College, Calicut on the topic "Introduction to Corticobasal Implantology", and Hands-on session on Basal Implants, which was well appreciated. On the second day, Dr C.K Ashokan, Former Professor & Head of SAIDS, Calicut presented on the topic "Laser Dentistry- An update" and included a Hands-on session on Lasers. A Point Counterpoint session on the topic "Perio vs Implants" was moderated by Dr. Anil Melath, Principal, Mahe Institute of Dental Sciences, Mahe and Panelists were Dr. Jose Paul, Dean Student Affairs, Annoor Dental College, Muvattupuzha, Dr. Harikumar Kanakkath, Professor of Periodontology, Govt. Dental College, Calicut and Dr. Harish Kumar, Professor & Head of Periodontology, KMCT Dental College, Calicut.

# SPIK ANNUAL CONFERENCE 2023



The first (March) issue of Journal of Society of Periodontists and Implantologists of Kerala (JSPIK) 2023 and newsletter of SPIK - Perio Implant Scan were released by Dr. Devadathan A during the conference. Paper presentations for the faculty and post graduate students and poster presentations for the post graduate students were present during the conference.



Executive committee meeting and Annual General body meeting of SPIK was conducted after the scientific program. New office bearers were installed under the able leadership of Dr. Jose Paul as the President. The meeting was adjourned at 5pm on 30th April 2023.

*(Prepared by Dr Mohammed Feroz T.P, Secretary SPIK)*

## INTERNATIONAL GUM HEALTH DAY 2023

As part of observing International Gum Health Day on May 12, 2023, an e-poster competition for students and online cartoon competition for kids of SPIK members

was conducted. The entries were judged by Dr. Rosamma Joseph, Dr. Jayan Jacob Mathew, Dr. Plato Palathingal, Dr. Sameera .G.Nath and Dr. Deepa Dileep.

### WINNERS OF E-POSTER COMPETITION

	UNDER GRADUATE	POST GRADUATE
<b>1st Prize</b>	Ashfeena PP (Kannur Dental College)	Dr Salma Arif  (Mahe Institute of Dental Sciences)
	Dr Sarmila S (Azeezia Dental College)	
<b>2nd Prize</b>	Harikrishnan & Vishnugopal (Sree Anjaneya Institute of Dental Sciences)	Dr Rehana Bind A (Government Dental College Kottayam)
	Dr Pooja Narayanan (KMCT Dental College)	
<b>3rd Prize</b>	-	Dr Linn Mary & Dr Anania (PSM Dental College)

### WINNERS OF CARTOON COMPETITION

<b>1st Prize</b>	Meenakshi A G (Daughter of Dr Anoop, GDC Trivandrum)
<b>2nd Prize</b>	Amaya Filson (Daughter of Dr Tintu Madonna Joy, GDC Calicut)

# ORAL HYGIENE DAY 2023

On “National Oral Hygiene Day”, a dental screening camp and awareness campaign was organized in association with Southern Railway- Thiruvananthapuram division and Department of Public Health Dentistry, Government Dental College, Thiruvananthapuram at Kochuveli Railway Station on 1st August 2023. A total of

seventy employees were screened in the dental check-up camp. The program was inaugurated by Dr. Sony Thomas, ACMS/TVC and awareness talk on “Oral Hygiene” was given by Dr. Manikandan G.R Periodontal Healthcare Convener, SPIK. Almost seventy-five passengers and railway employees participated in the awareness campaign.



# SPIK ESSAY COMPETITION 2023

Society of Periodontists & Implantologists of Kerala organized an essay competition for life members and post graduate students in the month of August 2023. The competition was designed to foster the interest of the next generation of dental professionals. There was active participation from life member and post graduate students from different colleges in Kerala. The evaluation was done by – Dr Jayan Jacob Mathew, Dr Sapna Balakrishnan and Dr Sameera G Nath.

WINNERS OF SPIK ESSAY COMPETITION 2023		
LIFE MEMBER CATEGORY	Dr Subair K, Professor, Mahe Institute of Dental Sciences & Hospital	
POST GRADUATE STUDENT CATEGORY	1st Prize	Dr Anusree Madhusoodanan, Kannur Dental College, Kannur
	2nd Prize	Dr Arun Vishnu, Azeezia Dental College, Kollam
	3rd Prize	Dr Nayana Narayanan, Azeezia Dental College, Kollam
		Dr Suhana R, Educare Institute of Dental Sciences, Malappuram

# SPIK MID-TERM CDE PROGRAM



A mid-term full day CDE program on the topic “Hard & Soft Tissue Synergy: The Yin & Yang of Implant Dentistry” was organized on 24th September 2023 at Hotel Park Residency, Kochi. The inaugural function started at 9 am. Dr. Jayan Jacob Mathew welcomed the gathering. Dr. Jose Paul, President SPIK delivered the Presidential address. Dr. Deepak Thomas, Scientific Convenor SPIK introduced the faculty Dr. T.V Narayan. The program was well

attended by over 100 participants including SPIK members and post graduate students from dental colleges across Kerala. The second (July) issue of Journal of Society of Periodontists and Implantologists of Kerala (JSPIK) 2023 was released by Dr. T.V Narayan during the program. The program also included a hands-on session on periodontal surgical techniques, bone grafting and suturing technique in models. The program concluded at 4.30 pm. Dr. Mohammed Feroz T.P, Secretary SPIK delivered the vote of thanks.



# SPIK PERIODONTOLOGY SCHOLARSHIP EXAMINATION 2023

The Society of Periodontists and Implantologists of Kerala in association with PSM Dental College, Thrissur organized and conducted the 10th SPIK Periodontology Scholarship Examination on October 18, 2023. Dr Deepak Thomas, Scientific Program Convener- SPIK, Dr Sanjeev R, Professor and Head, Department of Periodontics, PSM Dental College – Exam Convener SPIK along with Dr Jose Paul- President SPIK, Dr Mohammed Feroz T P- Secretary SPIK, worked towards the success of the program. They were assisted by faculty members of Department of Periodontics, PSM Dental College – Dr Shyamala Devi, Dr Plato Palathingal, Dr Saleena, Dr Minusha. There were active participants from different dental colleges of the state of Kerala and Mahe, who were selected as the best student in Periodontics in their respective colleges. The inaugural function commenced at 9:00 am in the presence of Mr. Anees Ahamed, Vice principal of PSM Dental College and Director, Abdu Rahman along with the esteemed panel of examiners Dr Deepak Thomas, Dr Shyamala Devi, Dr Jeethu Jerry and Dr Rishi Emmatty. The examination began at 9.30 am. The examination process comprised of spotters, MCQs, short essay and clinical case scenarios at the lecture



hall followed by grand viva in the auditorium with the individual examiners. The exam concluded at 2:00pm. The participants, examiners, and the organizing faculty were provided refreshments during the day. At the completion of the rigorous evaluation process, three students emerged as the winners. Nighitha Christy of Govt. Dental college Calicut secured the first place, Noureen V Shanvas of Indira Gandhi Institute of Dental sciences won the second place and Induja R of Mahe Dental College and Siya Simple Nirmal of Amirta School of Dentistry won the third place. The results were announced and all the participants were given certificate of participation during the valedictory function.

*(Prepared by Dr Deepak Thomas, Scientific Programme Convener SPIK)*



# JOURNAL OF SOCIETY OF PERIODONTISTS AND IMPLANTOLOGISTS OF KERALA (JSPIK) REPORT 2023-24

The first (March) issue of Journal of Society of Periodontists and Implantologists of Kerala (JSPIK) 2023 was officially released by Dr. Devadathan A during the annual conference of SPIK 2023 held on 29th April 2023 at Magnet Hotel, Kannur.

The second (July) issue of Journal of Society of Periodontists and Implantologists of Kerala (JSPIK) 2023 was released during mid-term CDE program of SPIK by Dr. T.V Narayan on 24th September 2023 at Hotel Park Residency, Kochi.

The third (December) issue of JSPIK 2023 will be released during the 16th Annual Conference of SPIK to be held at



Kochi on February 10,2023.

My sincere and special thanks to the reviewers of JSPIK 2023-24: Dr Harikumar Menon K, Dr Jayan Jacob Mathew, Dr Roshni Ramesh, Dr Plato Palathingal, Dr Devisree R V, Dr Suchitra A, Dr Rekha P R, Dr Anoop S, Dr Binitta Paul, Dr Deepa Dilip, Dr Sanupa S Madhavan and Dr Lekshmi A J who supported me to release three issues on time.

I also thank Mr Sudheer for his tremendous support for designing and printing the journal at its best design and standards.

*(Prepared by Dr Shahana C Mohamed  
Editor JSPIK)*



*In Loving Memory of*



**Dr SHERMIN HASHIR**

A Favorite teacher & Lovable human being



16<sup>th</sup> SPIK Annual conference

FREE

- Personalised Implantology practice certificate
- Implant patient Consent / Education/ Certification Kit
- Surprise gifts for all premium early bird registrations.

Society of Periodontists & Implantologists of Kerala (SPIK)

in association with  
Cochin Periodontists Society



# "ALL ABOUT IMPLANTS"

2 DAY DENTAL IMPLANT CONVENTION

SAT & SUN  
10 & 11

FEBRUARY 2024  
Hotel Renai Cochin  
Palarivattom,  
Ernakulam Kerala



A complete guidance to those who aspire to **START, PROGRESS or ADVANCE** an Implant Career

- ★ 14 Implantology Lecture Series
- ★ Hands on Training of Implant Placement/Impression/Trial & Fit In
- ★ Step By Step Lab Procedure Discussion
- ★ **SPIK SASTRA SCHOLARSHIPS** for PG students.
- ★ **IBOI** fellowship program.

The Most  
Renowned and  
Reliable Master  
organisers of  
Dental  
Conferences  
in State  
Team up with  
Eminent National  
Speakers



**Dr. BRR Varma**  
Oration lecture



**Dr. Abhay Kolte**  
Implantology  
An integrated speciality



**Dr. Lalith Vivekananda**  
Guided implant surgery



**Dr. Abhay Lamba**  
Excellence in Anterior  
Aesthetics &  
Implant occlusion



**Dr. Dhruv Arora**  
Immediate implant  
procedure –  
Challenges & Solutions



**Dr. Jaibin George**  
Full mouth Rehabilitation



**Dr. Harsh Jain**  
Implant site development



**Dr. Vinod Krishnan**  
Fundamentals of  
implant treatment  
planning



**Dr. Sunitha Raja**  
Science of Osseo integration  
and when to load implants &  
Implant Failure – Means and  
ways to avoid & manage



**Dr. Prasanth Pillai**  
Cortico –  
Basal implants



**Dr. Prisly Thomas**  
Remote anchorages and  
sinus bypass for  
predictable implants



**Dr. George Abraham**  
Digitalisation in  
implant dentistry



**Dr. Linna Benny**  
Prosthetic options in  
implant prosthodontics

CONFERENCE  
SECRETARIAT

President (SPIK): **Dr. Jose Paul**, Secretary (SPIK): **Dr. Mohammed Feroz T.P.**  
President (COPS): **Dr. Bindu Rachel Thomas**, Secretary (COPS): **Dr. Deepak Thomas**  
Organizing Chairman: **Dr. Arun Sadasivan**, Organizing Secretary: **Dr. Jayan Jacob Mathew**  
Treasurer: **Dr. Jithin Balan**, Scientific Committee Chairman: **Dr. Rishi Emmatty**  
Scientific Program Convener: **Dr. Mary Joseph**, Registration: **Dr. Prajula Mithwin** Program Director: **Dr. Biniraj. K.R.**

For program details: Contact **Dr. Jose Paul** (094471 60069)  
**Dr. Arun Sadasivan** (98472 46961), **Dr. Biniraj K.R.** (9496328007)



16<sup>th</sup> SPIK Annual conference

Society of Periodontists & Implantologists of Kerala (SPIK)

in association with

Cochin Periodontists Society



IDA  
Indian Dental Association  
Kerala State



"ALL ABOUT  
IMPLANTS"

2 DAY DENTAL IMPLANT CONVENTION

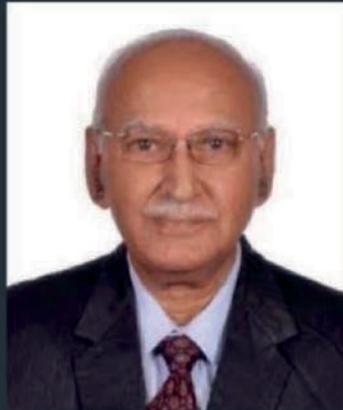
SAT & SUN  
10 & 11

FEBRUARY 2024  
Hotel Renai Cochin  
Palarivattom,  
Ernakulam Kerala



A complete guidance to those who aspire to **START, PROGRESS or ADVANCE** an Implant Career

1ST  
DR. B R R VARMA MEMORIAL  
ORATION LECTURE



10 / 02 / 24  
Saturday

9:15am to 10:00am

Dr. BRR Varma  
Oration lecture



Dr. Abhay Kolte  
Implantology  
An integrated speciality

DR. ABHAY KOLTE  
DEAN, PROFESSOR AND HOD,  
DEPARTMENT OF PERIODONTICS, RANJEET DESHMUKH  
DENTAL COLLEGE AND RESEARCH CENTRE, NAGPUR.  
TEACHING EXPERIENCE OF OVER 25 YEARS.  
RECOGNISED TEACHING FACULTY FOR FELLOWSHIP  
COURSES IN ORAL IMPLANTOLOGY  
RECOGNIZED PG AND PHD TEACHER BY MUHS, NASHIK.

For program details: Contact Dr. Jose Paul (094471 60069) Dr. Arun Sadasivan (98472 46961), Dr. Biniraj K.R. (9496328007)

**Dr BRR Varma**, the most respected Periodontist from Kerala, an accomplished academician and exemplary teacher, departed for his heavenly abode on August 3, 2023. Society of Periodontists and Implantologists of Kerala (SPIK) has instituted a memorial lecture in all forthcoming conferences as a note of respect of this great personality. The first Dr BRR Varma memorial lecture will be delivered by a reputed academician and the Immediate Past President of Indian Society of Periodontology (ISP) - Dr Abhay Kolte.