



Reg. Number: S. No. 104/2007

Perio Implant Scan

www.spik.in

Vol 10 | Issue 1 | April 2023

Official News Letter of Society of Periodontists and Implantologists of Kerala



PREZ' Message



As a member of the SPIK family, I am very grateful to all of you for the sincere cooperation and support I have received as President of this distinguished group of doctors. SPIK has completed 15 years and it is our duty to recognize the founders and leaders of this society for guiding its members.

Perio Implant Scan, the newsletter of SPIK, has always been a tool to showcase the activities of SPIK. It has been a year of many events, and I hope that Perio Implant Scan has achieved its goal. It has indeed been an honor and a matter of great pride to serve you all as President of SPIK. As my term draws to a close, I thank each of you for your support.

Truly Yours,

Dr. Presanthila Janam



SOCIETY OF
PERIODONTISTS AND
IMPLANTOLOGISTS
OF KERALA

OFFICE BEARERS

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Dr Presanthila Janam

Secretary

Dr Mohammed Feroz T P

Immediate Past President

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President Elect

Dr Jose Paul

First Vice President

Dr Jayan Jacob Mathew

Second Vice President

Dr Vivek Narayan

Joint Secretary

Dr Plato Palathingal

Treasurer

Dr Jithin Balan

Editor

Dr Shahana C Mohamed

Scientific Programme Convenor

Dr Sameera G Nath

Periodontal Health Convenor

Dr Manikandan G R

Website Convenor

Dr Tony Kurian

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Dr Santhosh Sreedhar

Dr Siby T Chennankara

Dr C K Ashokan

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Dr Arun Sadasivan

Dr Biju Thomas

Dr Majo Ambooken

Dr Mathew Thomas

Dr Winston George

Dr Roshni Ramesh

Dr Linta Thomas

Dr Deepak Thomas

Dr Aswathy Sheela S

Dr Binitta Paul

Advisors

Dr Thomas Thelly

Dr B R R Varma

Dr Rezy Cheru

Dr Meherunnisa Bai

Dr K Nandakumar

Dr H Shamsuddin

Dr Kunjamma Sebastian



From The Secretary's Desk

I am very pleased to announce that our newsletter, Perio Implant Scan is back after a short break. I would like to take this opportunity to congratulate our editor, Dr. Shahana C Mohamed, who has taken a great interest in bringing this newsletter back in place.

Perio Implant Scan will definitely give an insight into the events conducted by the association for the members to refresh their knowledge and for the society as a whole through scientific and awareness programmes. We request the members of SPIK, to forward this newsletter to the postgraduate students in Periodontology to create awareness and interest in joining our association.

Truly Yours,

Dr Mohammed Feroz T P

The Editor Speaks



We are gearing up for the annual conference in Kannur, and I am pleased to take this opportunity to publish Perio Implant Scan, the newsletter of SPIK. Perio Implant Scan has always helped to keep members informed of SPIK activities.

As another SPIK year comes to an end, I congratulate our vibrant President, Dr. Presanthila Janam, and dynamic Secretary, Dr. Mohammed Feroz T P, as well as the other office bearers of SPIK 2022-23 for their tireless efforts in delivering a year full of scientific, academic, and awareness-raising events. I would also like to thank all the members of SPIK for their support and cooperation.

Dr Shahana C Mohamed

SPIK ANNUAL CONFERENCE 2022



The annual conference of SPIK 2022 was held on 5th June, 2022 at Hotel Aida, Kottayam. The program started with inaugural function at 10 am with collaring of the President by the Secretary followed by invocation. Dr Presanthila Janam, President Elect SPIK welcomed the gathering. Dr Sabu Kurian, President SPIK presided over the function. Past Secretary, Indian Society of Periodontology Dr Balaji Manohar, inaugurated the program by lighting the lamp. Dr Jayan Jacob, Secretary SPIK delivered the vote of thanks.

Registrations were received from the institutions all over Kerala and from Mangalore. A total of 100 delegates participated in the program. Scientific session included presentations from Dr Balaji Manohar,

Professor in Periodontics, Kalinga Institute of Dental Sciences, Bhubaneswar on “Ortho-Perio synergy” and Dr Mihir Kulkarni, Associate Professor of Periodontics, SDM College of Dental Sciences on “Successful autogenous soft tissue grafting in Periodontics & Implantology”. A session “Perioscope” was presented by Dr Baiju R.M, Dr Majo Ambooken, Dr Arun Sadasivan and Dr Harikumar Menon, where they shared their challenging clinical cases, and was moderated by Dr Jose Paul. Periodontal Awareness videos for both professionals and patients were released and screened during the conference.



Executive committee meeting and Annual General body meeting of SPIK was conducted after the scientific program. New office bearers were installed under the able leadership of Dr Presanthila Janam as the President. The meeting was adjourned at 5pm.

(Prepared by Dr Mohammed Feroz T.P, Secretary SPIK)



WEBINAR : PERIODONTAL PLASTIC SURGERY



The first webinar of SPIK in 2022 was held on July 15 via Zoom platform, on the topic - Periodontal Plastic Surgery –“From then to now” with Dr Prakash P. S. G as faculty. Scientific Program Convenor Dr Sameera G Nath welcomed the attendees. President SPIK, Dr Presanthila Janam delivered the presidential address. Dr Biju Thomas introduced Dr Prakash P. S. G to the attendees. More than 100 participants attended the webinar. Dr Harikumar K and Dr Baiju Madhavan felicitated the faculty and Secretary Dr Mohammed Feroz T P delivered the vote of thanks.

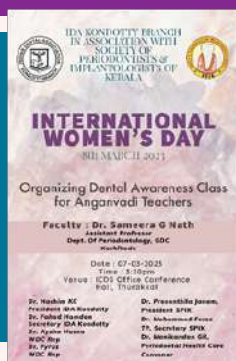
WEBINAR : POST GRADUATE ORIENTATION

SPIK organized webinar for post graduate students on the topics “Basic introduction to MDS in Periodontics” by Dr Ashish Nichani and “Choosing research topics” by Dr Arun Sadasivan on 29th January 2023. Around fifty post graduates attended the webinar. The session was inaugurated by Dr Presanthila Janam, President SPIK. The sessions were co-

ordinated by Dr Sameera G Nath, Scientific Program Convenor of SPIK along with technical support from Team A1 Logistics. Felicitations were done by Dr Biju Thomas, Dr Harikumar K and Dr Baiju RM. Vote of thanks was delivered by Dr Mohammed Feroz T P , Secretary SPIK. There was good feedback from all the delegates. SPIK plans to continue such programs in future as well for post graduate students.



INTERNATIONAL WOMEN'S DAY



SPIK in association with Indian Dental Association Kondotty branch celebrated International Women's Day by organizing dental awareness class for Anganwadi teachers on March 7th, 2023 at ICDS office conference hall, Thurakkal. Scientific Program Convenor of SPIK, Dr Sameera G Nath educated the Anganwadi teachers about the importance of oral health.

(Prepared by Dr Sameera G Nath, Scientific Programme Convenor SPIK)

ORAL HYGIENE DAY

National Oral Hygiene Day was celebrated on August 1, 2022, with a plethora of events. The program began with a Walkathon in association with the Indian Dental Association Thiruvananthapuram Branch, which was flagged off by Dr. Presanthila Janam, President SPIK at 7 am at Kanakakkunnu Palace and ended at the Tennis Club grounds. Periodontal health care convenor of SPIK Dr Manikandan GR, President IDA Thiruvananthapuram Branch Dr Pramod P S and Secretary IDA Thiruvananthapuram Branch Dr Sangeetha G Kurup were also present. The second program was an awareness talk for inmates of Special Prisons Thiruvananthapuram

by Dr Manikandan G R. A flash mob was conducted at Lulu mall Thiruvananthapuram in collaboration with PMS College of Dental Sciences Thiruvananthapuram, which had excellent audience participation.

Dr Presanthila Janam, Dr Manikandan G R and Dr P S Thaha, Chairman of PMS College of Dental Sciences, addressed the audience. Lulu Mall executives gave away mouthwashes to the audience who correctly answered the simple oral hygiene quiz conducted by Dr Manikandan. SPIK also conducted an e-poster competition for undergraduate and postgraduate students across the state.

(Prepared by Dr Manikandan G R, Periodontal Health Convenor SPIK)



Walkathon in association with the Indian Dental Association Thiruvananthapuram Branch



Oral hygiene awareness talk for inmates of Special Prisons Thiruvananthapuram by Dr Manikandan G R



Dr Presanthila Janam, President SPIK addressing the gathering at Lulu mall Thiruvananthapuram



Flash mob conducted at Lulu mall Thiruvananthapuram



Oral hygiene quiz for the public at Lulu mall Thiruvananthapuram

SPIK MIDTERM CONFERENCE 2022

The Midterm Conference of SPIK 2022 was hosted by Department of Periodontology, PMS College of Dental Science and Research, Thiruvananthapuram on the 10th & 11th December 2022. The programme started with the inaugural function at 10.30 am with collaring of the President by the Secretary followed by invocation.

The organizing chairman - Dr Arun Sadasivan welcomed the gathering followed by presidential address by Dr Presanthila Janam- President SPIK. The chief guest of the program, Director of Medical Education, Dr Thomas Mathew inaugurated the conference by lighting the lamp. Dr P.S. Thaha, Chairman, PMS College of Dental Science and Research, Principal Dr Rajesh Pillai and Secretary-SPIK Dr Mohammed Feroz T.P addressed the gathering.



The second (July) issue of Journal of Society of Periodontists and Implantologists of Kerala (JSPIK) 2022 was released by Dr Thomas Mathew by presenting the journal to Dr P.S. Thaha in presence of Editor JSPIK -Dr Shahana C Mohamed. Dr. P.S. Thaha, a founder member of SPIK was felicitated for his lifetime contributions to society and to the specialty. Dr. Ambili R. was also felicitated for achieving the 'Best Teacher Award' from the Kerala University of Health Sciences. Prize distribution of essay competitions conducted by SPIK was done by the Chief Guest. The vote of thanks was proposed by organizing secretary Dr.Ambili R. The executive committee meeting of SPIK was conducted after the scientific program on the first day.

The scientific session was impressive with the following topics by the renowned speakers :

Topics	Name of the Speaker
Current trends and future directions in non-surgical periodontal therapy	Dr Biju Thomas
Principles and practice of guided bone regeneration	Dr Baiju R.M
Role of occlusion in periodontal and implant dentistry	Dr Kaarthikeyan
Optimizing soft tissue around teeth and Implants	Dr K. Harikumar Menon
Periodontal considerations in implant dentistry	Dr Kaarthikeyan

The conference was well attended by 126 participants including teaching faculty, practitioners, and postgraduate students from fifteen dental colleges in and around Kerala. Eighty scientific presentations were made by postgraduate students and life members of society. The invited speakers were Dr Kaarthikeyan, Dr Biju Thomas,

Dr K. Harikumar Menon and Dr Baiju R.M, who shared their in-depth knowledge in their respective topics. The first day ended with a gala dinner at Hotel SP grand days, Thiruvananthapuram. A quiz program was conducted by Dr. Manikandan G R for the postgraduate students on the second day. The conference concluded on the second day

with the valedictory function where the certificates for winners of the paper presentation and quiz competition were distributed. The conference was well attended by the delegates in terms of scientific content, hospitality, infrastructure facilities of the college and entertainment.

(Prepared by Dr Ambili R, Organizing Secretary Recon'22)



Inaugural function



Release of JSPIK



Felicitating Dr P.S Thaha



Organizing Committee



Felicitating Dr Ambili R



SPIK PERIODONTOLOGY SCHOLARSHIP EXAMINATION 2022

The Society of Periodontists and Implantologists of Kerala in association with Amrita School of Dentistry, Kochi, organized and conducted the 9th SPIK Periodontology Scholarship Examination on October 22, 2022. Dr Sameera G Nath, Scientific Program Convener-SPIK, Dr Rajesh Vyloppillil, Professor and Head, Department of Periodontics, Amrita school of Dentistry - Exam Convener SPIK along with Dr Presanthila Janam- President SPIK, Dr Mohammed Feroz T P- Secretary SPIK, worked towards the success of the program. They were assisted by faculty members of Department of Periodontics, Amrita School of Dentistry- Dr Biju Balakrishnan, Dr Maya Rajan Peter, Dr Reshma Suresh, Dr Swetha V R, Dr Anjali R Nath, Dr Sreelekshmi M R, Dr Pallavi Menon, Dr Prajula Mithwin, and Dr Shilpa Ramachandran. There were twenty participants from twenty different dental colleges of the state of Kerala and Mahe, who were selected as the best student in Periodontics in their respective colleges. The inaugural function commenced at 9:00 am with the Vice Principal, Amrita School of Dentistry Dr Rakesh S, inaugurating the event along with the esteemed panel of examiners Dr K R Biniraj, Dr Vivek Narayan, Dr Deepak Thomas and Dr Rajesh Vyloppillil. The examination began at 9.30 am. The examination process comprised of spotters, MCQs, short essay and clinical case scenarios at the lecture hall followed by grand viva in the mini auditorium with the individual examiners. The



exam concluded at 2:00pm. The participants, examiners, and the organizing faculty were provided refreshments during the course of the day. At the completion of the rigorous evaluation process, three students emerged as the winners. Haritha K R of Royal Dental College secured the first place, Sankar Mahadev S B of Government Dental College Thiruvananthapuram won the second place and Aiswarya K N of Sree Sankara Dental College won the third place. The results were announced and all the participants were given certificate of participation during the valedictory function.

(Prepared by Dr Sameera G Nath, Scientific Programme Convener SPIK)

SPIK ESSAY COMPETITION 2022

Society of Periodontologists & Implantologists of Kerala organized an essay competition for life members and post graduate students in the month of October 2022. The competition was designed to foster the interest of the next generation of dental professionals. A total of twenty two entries were received and was evaluated by faculties from KMCT Dental College - Dr Navia George, Dr Aparna T K and Dr Subisha S B.

WINNERS OF SPIK ESSAY COMPETITION 2022

LIFE MEMBER CATEGORY	Dr Subair K, Professor, Mahe Institute of Dental Sciences & Hospital	
POST GRADUATE STUDENT CATEGORY	1st Prize	Devika Gopakumar, PMS College of Dental Science and Research, Thiruvananthapuram
	2nd Prize	Beena Vijayan Parvathy, Azeezia Dental College, Kollam
	3rd Prize	Anjali Babu, Kannur Dental College, Kannur

JOURNAL OF SOCIETY OF PERIODONTISTS AND IMPLANTOLOGISTS OF KERALA (JSPIK) REPORT 2022-23

The second issue of JSPIK 2022 (July) was released online on September 19, 2022 and was officially released by Dr Thomas Mathew, Director of Medical Education, Kerala by presenting the journal to Dr P.S. Thaha, Chairman, PMS College of Dental Science and Research in presence of Editor JSPIK -Dr Shahana C Mohamed during Midterm Conference of SPIK on December 10, 2022 at PMS College of Dental Science and Research, Thiruvananthapuram.

The third (December) issue of JSPIK 2022 was released online on February 1, 2023. The first (March) issue of JSPIK 2023 will be released

during the 15th Annual Conference of SPIK at Kannur on April 29, 2023.

My sincere and special thanks to the reviewers of JSPIK 2022-23: Dr Harikumar Menon K, Dr Jayan Jacob Mathew,

Dr Bindu R Nayar, Dr Roshni Ramesh, Dr Ambili R, Dr Sameera G Nath, Dr Aswathy Sheela S, Dr Suchitra A, Dr Rekha P R, Dr Anoop S, Dr Binitta Paul and Dr Deepa Dilip, who supported me to release three issues on time.



I also thank Mr Sudheer for his tremendous support for designing and printing the journal at its best design and standards.

(Prepared by Dr Shahana C Mohamed, Editor JSPIK)

WINNERS OF E -POSTER COMPETITION

	UNDER GRADUATE	POST GRADUATE
1st Prize	Gazali Mohammed & Midhun R (Malabar Dental College & Research Centre) Vishal A M (Sree Anjaneya Institute of Dental Sciences)	Dr Anu John & Dr Keerthana Varma K (Government Dental College Kottayam)
2nd Prize	Shaheema Rahman & Hiba Fathima (Sree Anjaneya Institute of Dental Sciences)	Dr Rehana Bind A (Government Dental College Kottayam)
3rd Prize	Amitha Mathew & Irfana Shajahan (Al Azhar Dental College) Pooja Narayanan (KMCT Dental College)	Dr Praseeda Prasad (Government Dental College Kottayam)



SOCIETY OF PERIODONTISTS & IMPLANTOLOGISTS OF KERALA

15TH SPIK ANNUAL CONFERENCE

AT-KANNUR

SPIKCON 2023

'LAND OF LOOMS AND LORES'

ON

SATURDAY, 29TH & SUNDAY 30TH
APRIL - 2023

VENUE

MAGNET HOTEL
PUTHIYATHERU, KANNUR

Hosted by-KANNUR DENTAL COLLEGE, ANJARAKANDY



PRINCIPAL SPONSOR

SATURDAY, 29th APRIL 2023

08.30AM-09.30AM	REGISTRATION
09.30AM-10.00AM	INAUGURATION
10.00AM-11.00AM	PERIODONTAL MICROSURGERY DR. RASHMI HEGDE PROFESSOR OF PERIODONTOLOGY M.A. RANGOONWALA COLLEGE OF DENTAL SCIENCE & RESEARCH CENTRE, PUNE
11.00AM-12.00PM	PERIO ESTHETICS- PERIODONTIST: THE TRUE DESIGNER- DR. BINIRAJ.K.R PROF. & HEAD OF PERIODONTOLOGY ROYAL DENTAL COLLEGE PALAKKAD
12.00PM-01.00PM	INTRODUCTION TO CORTICO BASAL IMPLANTOLOGY DR. V.C. SANTHOSH PROFESSOR OF PERIODONTOLOGY KMCT DENTAL COLLEGE, CALICUT
01.00PM-01.30PM	LUNCH BREAK
01.30PM-02.30PM	BASAL IMPLANTS-HANDS-ON FOR 15 PARTICIPANTS ONLY
01.30PM-02.30PM	FACULTY/PG PAPER PRESENTATIONS
02.30PM-04.00PM	FACULTY/PG PAPER PRESENTATIONS
04.00PM-06.30PM	CRICKET MATCH
06.30PM onwards	BANQUET



Cricket BIG MATCH



TEAMS

MALABAR PERIO KINGS
CENTRAL KERALA PERIO GIANTS
TRAVANCORE PERIO TITANS

STATE LEVEL CO-ORDINATOR
DR. DEEPAK THOMAS
PH: 9846679696

- PLAYERS SHOULD BE A SPIK MEMBER
- PLAYERS SHOULD HAVE REGISTERED FOR SPIK CONFERENCE



PALLIKUNNU, KANNUR



29TH APRIL-2023
04.00PM-06.30PM

SUNDAY, 30th APRIL-2023

09.30AM-10.30AM

PG PRESENTATIONS

10.30AM-11.30AM

LASERS IN DENTISTRY- AN UPDATE

DR.C.K.ASHOKAN

FORMER PROF. & HEAD OF PERIODONTOLOGY
SAIDS, CALICUT



11.30AM-12.30PM

POINT COUNTERPOINT



Panelist

DR.ARUN NARAYANAN
PRINCIPAL,
KANNUR DENTAL
COLLEGE



Moderator

DR.ANIL MELATH
PRINCIPAL
MAHE INSTITUTE OF DENTAL
SCIENCES & HOSPITAL



Panelist

DR.JOSE PAUL
DEAN STUDENT AFFAIRS
ANNOOR DENTAL
COLLEGE
MUVATTUPUZZHA

PERIO V/S IMPLANTS



Panelist

DR.BAIJU R.M
PROFESSOR OF
PERIODONTOLOGY
GOVT. DENTAL
COLLEGE, KOTTAYAM



Panelist

DR.HARISH KUMAR
PROF. & HEAD OF
PERIODONTOLOGY
KMCT DENTAL
COLLEGE, CALICUT



Panelist

**DR.HARIKUMAR
KANAKKATH**
PROFESSOR
OF PERIODONTOLOGY
GOVT. DENTAL COLLEGE,
CALICUT

12.30PM-01.30PM

LASER HANDS ON-FOR 25 PARTICIPANTS ONLY

12.30PM-01.30PM

PG PRESENTATIONS

01.30PM-02.00PM

LUNCH BREAK

02.00PM

AGM

02.00PM-03.00PM

PG PRESENTATIONS

03.00PM-03.30PM

VALEDICTORY FUNCTION